



Telford & Wrekin
COUNCIL

Resident



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26 June 2020

Our Ref: Covid 19 HMO Residents

Dear Resident

CORONAVIRUS (COVID19): STAYING SAFE IN HOMES WITH SHARED FACILITIES

I am writing to you on behalf of Telford & Wrekin Council to raise awareness of the important current UK Government advice for the COVID19. This can be found at:

<https://www.gov.uk/coronavirus>

Use of shared spaces if you live with others who are not part of your family

You should minimise the time you spend in shared spaces such as kitchens, bathrooms and sitting areas as much as possible and keep shared spaces well ventilated.

Current guidance is that you should aim to keep 2 metres (3 steps) away from people you live with. If you can, use a separate bathroom from others and make sure you use separate towels from other people, both for drying yourself after bathing and for hand hygiene purposes. Keep your towel in your room. If you do share a toilet and bathroom, it is important to clean them properly after every time you use them (e.g. wiping surfaces you have come into contact with using soapy water).

If you share a kitchen with others, it is best to avoid using it whilst others are in it. Take your meals back to your room to eat if possible. If you have one, use a dishwasher to clean and dry your used crockery and cutlery. If this is not possible, wash them using your usual washing up liquid and warm water and dry them thoroughly, remembering to use a separate tea towel to others and put them away immediately afterwards. Do not leave things on the side to dry.

We understand that it will be hard for some people to separate themselves from others at home. For your and others health and safety you should do the very best to follow this guidance and everyone in your household should:

- ☐ regularly wash their hands with soap and water
- ☐ avoid touching their face
- ☐ clean frequently touched surfaces.



Symptoms and Testing

If anyone within your property has symptoms of coronavirus (COVID-19), however mild, OR have received a positive coronavirus (COVID-19) test result, the clear medical advice is to **immediately self-isolate at home for at least 7 days from when your symptoms started**. Do not go to a GP surgery, pharmacy or hospital. Public Health England define coronavirus symptoms as:

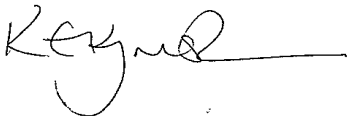
- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If any of the occupants have any of the symptoms above they **must stay at home** and arrange to have a test to see if they have COVID-19. If advice is needed about their symptoms or their symptoms worsen please use the NHS 111 online service at <https://111.nhs.uk/covid-19/> or call 111 if they cannot get help online.

If you are an employee and unable to work due to coronavirus, please refer to the guidance from the Department for Work and Pensions to find out about the support that is available to you.

Thank you for your cooperation at this difficult time and please monitor the Council's website for updated advice - <https://www.telford.gov.uk/coronavirus>

Yours sincerely

A handwritten signature in black ink, appearing to read 'Kynaston', followed by a horizontal line.

Katherine Kynaston

Director: Housing, Employment & Infrastructure